Zambia

FP2030 Indicator Summary Sheet: 2022 Measurement Report

Modern Contraceptive Use and Need

All Women

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
Total users of modern methods of contraception*											
	1,100,000	1,170,000	1,240,000	1,310,000	1,370,000	1,440,000	1,510,000	1,580,000	1,660,000	1,750,000	1,840,000
Modern contraceptive prevalence rate (mCP)											
	31.0%	32.0%	32.7%	33.3%	33.7%	34.2%	34.6%	35.1%	35.6%	36.1%	36.8%
Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)											
	20.2%	19.4%	19.0%	18.5%	18.2%	18.0%	17.7%	17.4%	17.2%	16.9%	16.6%
Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)											
	60.5%	62.2%	63.3%	64.2%	64.9%	65.4%	66.2%	66.7%	67.4%	68.1%	68.9%

Married Women

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
Total users of modern methods of contraception											
	900,000	960,000	1,010,000	1,060,000	1,100,000	1,150,000	1,190,000	1,250,000	1,310,000	1,370,000	1,430,000
Modern contraceptive prevalence rate (mCP)											
	42.9%	44.5%	45.5%	46.2%	46.7%	47.1%	47.7%	48.4%	49.2%	50.0%	50.9%
Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)											
	26.7%	25.5%	24.7%	23.9%	23.3%	22.7%	22.0%	21.6%	21.1%	20.6%	20.1%
Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)											
	61.7%	63.5%	64.9%	66.0%	66.8%	67.5%	68.4%	69.2%	70.0%	70.8%	71.6%

Unmarried Women

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
Total users of modern methods of contraception											
	190,000	200,000	220,000	240,000	260,000	280,000	310,000	330,000	350,000	370,000	390,000
Modern contraceptive prevalence rate (mCP)											
	13.5%	13.9%	14.4%	15.1%	15.6%	16.2%	16.8%	17.1%	17.5%	17.9%	18.2%
Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)											
	10.6%	10.6%	10.8%	11.0%	11.3%	11.5%	11.7%	11.8%	11.8%	12.0%	12.0%
Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)											
	55.9%	56.8%	57.4%	57.8%	58.3%	58.6%	58.8%	59.2%	59.5%	60.1%	60.3%

Impacts of Modern Contraceptive Use among All Women

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
Number of unintended pregnancies averted due to modern contraceptive use											
	410,000	440,000	460,000	490,000	510,000	540,000	570,000	590,000	620,000	660,000	690,000
Number of unsafe abortions averted due to modern contraceptive use											
	103,000	110,000	116,000	122,000	129,000	135,000	141,000	148,000	156,000	164,000	172,000
Number of maternal deaths averted due to modern contraceptive use											
	650	690	730	770	810	850	890	940	990	1,000	1,000

Couple Years of Protection (CYPs)

Calculated from routine service provision data

Source	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021
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Fertility Outcomes

	Value	Source
Adolescent birth rate *(per 1000 women 15-19)*		
	135	2018 DHS
Percent of births that are unintended		
	38%	2018 DHS

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
Estimated Number of Unintended Pregnancies											
	430,000	440,000	440,000	450,000	460,000	460,000	470,000	480,000	480,000	490,000	500,000

Contraceptive Use, Availability, and Discontinuation by Method

Modern Contraceptive Method Mix

Long-Acting and Permanent Methods	Sterilization (female)	2.6%	*Source*
	Sterilization (male)	0.0%	2018 DHS
	IUD	1.5%	
	Implant	17.9%	
Short-Term Methods	Injectable	52.8%	
	Pill	14.4%	*Population*
	Condom (Male)	8.8%	All Women
	Condom (Female)	0.0%	
	LAM	1.2%	
	Standard Days method	0.6%	
	Other Modern Methods	0.3%	

Percentage of facilities stocked out, by method offered, on the day of assessment

Long-Acting and Permanent Methods	Sterilization (female)	4.7%	*Source*
	Sterilization (male)	9.5%	UNFPA SDP Survey
	IUD	31.3%	
	Implant	28.9%	
Short-Term Methods	Injectable	15.2%	
	Pill	16.6%	*Year*
	Condom (Male)	8.5%	2020
	Condom (Female)	44.1%	
	Emergency Contraception	74.9%	
	Other modern methods	---	

	Value	Source	Year
Percentage of primary SDPs that have at least 3 modern methods of contraception available on day of assessment			
	56%	UNFPA SDP Survey	2020
Percentage of secondary/tertiary SDPs with at least 5 modern methods of contraception available on day of assessment			
	93%	UNFPA SDP Survey	2020

Contraceptive Discontinuation Rates and Method Switching (first 12 months)**

	IUD	Implant	Injectable	Pill	Condom (male)	Source
Discontinuation while in need	---	---	---	---	---	---
Discontinuation while not in need	---	---	---	---	---	
Total discontinuation (all reasons)	---	---	---	---	---	
Switching to a different method	---	---	---	---	---	

Contraceptive Services and Decision-Making

	Value	Source	Population
Method Information Index**			
	69%	2018 DHS	All Women
Percentage of women who received family planning information during a contact with a health service provider **			
	29%	2018 DHS	All Women
Percent of current modern contraceptive users who last obtained their family planning method from each source (All Methods)			
Public	89%		
Private Medical	9%	2018 DHS	---
Other	2%		
Percentage of women who decided to use family planning alone or jointly with their husbands/partners			
	89%	2018 DHS	---

Investment in Family Planning

	Value	Source	Year
Annual expenditure on family planning from government domestic budget (USD $)			
	$ 5,054,228	WHO	2019

Traditional Contraceptive Use

Source : Family Planning Estimation Tool (FPET)

Traditional Contraceptive Use did not meet the reporting threshold (tCP among Married Women >5% in 2022) and so is not reported for this country.

2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
All Women										
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Married Women										
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Unmarried Women										
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Notes

--- indicates no data post 2012 was available

* Total Users among Married Women and Unmarried Women will not sum exactly to the Total Users among All Women

** Additional diaggregation or details available in the full data set.