Pakistan
FP2030 Indicator Summary Sheet: 2022 Measurement Report

Modern Contraceptive Use and Need

All Women

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
Total users of modern methods of contraception*											
	8,050,000	8,400,000	8,600,000	8,690,000	8,820,000	9,000,000	9,420,000	9,920,000	10,510,000	11,120,000	11,770,000
Modern contraceptive prevalence rate (mCP)											
	16.7%	17.2%	17.3%	17.2%	17.2%	17.2%	17.7%	18.2%	18.8%	19.4%	20.0%
Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)											
	19.2%	18.9%	18.5%	18.2%	17.9%	17.6%	17.7%	17.7%	17.9%	17.8%	17.8%
Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)											
	46.5%	47.7%	48.4%	48.8%	49.2%	49.6%	50.0%	50.7%	51.5%	52.2%	52.8%

Married Women

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
Total users of modern methods of contraception											
	7,670,000	8,040,000	8,200,000	8,280,000	8,400,000	8,570,000	8,970,000	9,460,000	10,020,000	10,640,000	11,200,000
Modern contraceptive prevalence rate (mCP)											
	25.0%	25.7%	25.8%	25.6%	25.4%	25.3%	25.9%	26.6%	27.4%	28.4%	29.1%
Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)											
	29.6%	28.9%	28.3%	27.7%	27.1%	26.5%	26.6%	26.6%	26.7%	26.6%	26.6%
Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)											
	45.8%	47.1%	47.7%	48.0%	48.4%	48.9%	49.3%	50.0%	50.8%	51.5%	52.2%

Unmarried Women

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
Total users of modern methods of contraception											
	300,000	310,000	320,000	330,000	330,000	340,000	360,000	360,000	380,000	380,000	400,000
Modern contraceptive prevalence rate (mCP)											
	1.8%	1.8%	1.8%	1.8%	1.8%	1.9%	1.9%	1.9%	2.0%	2.0%	2.0%
Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)											
	0.8%	0.9%	0.8%	0.8%	0.9%	0.8%	0.9%	0.9%	0.9%	0.9%	0.9%
Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)											
	67.8%	67.9%	67.8%	67.8%	68.5%	68.9%	69.2%	69.4%	69.9%	69.6%	69.9%

Impacts of Modern Contraceptive Use among All Women

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
Number of unintended pregnancies averted due to modern contraceptive use											
	2,950,000	3,080,000	3,160,000	3,190,000	3,240,000	3,300,000	3,460,000	3,640,000	3,860,000	4,080,000	4,320,000
Number of unsafe abortions averted due to modern contraceptive use											
	1,555,000	1,623,000	1,661,000	1,677,000	1,703,000	1,737,000	1,819,000	1,916,000	2,030,000	2,147,000	2,272,000
Number of maternal deaths averted due to modern contraceptive use											
	3,400	3,600	3,600	3,700	3,700	3,800	4,000	4,200	4,500	4,700	5,000

Couple Years of Protection (CYPs)

Calculated from routine service provision data

Source	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021
CLMIS	---	---	---	15,233,337	15,271,496	15,459,345	14,592,510	15,484,504	15,184,555	15,488,409

Fertility Outcomes

	Value	Source
Adolescent birth rate *(per 1000 women 15-19)*		
	46	2017-18 DHS
Percent of births that are unintended		
	12%	2017-18 DHS

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
Estimated Number of Unintended Pregnancies											
	5,170,000	5,180,000	5,140,000	5,070,000	5,070,000	5,070,000	5,080,000	5,100,000	5,130,000	5,140,000	5,180,000

Contraceptive Use, Availability, and Discontinuation by Method

Modern Contraceptive Method Mix

Long-Acting and Permanent Methods	Sterilization (female)	35.2%	*Source*
	Sterilization (male)	0.4%	2017-18 DHS
	IUD	8.4%	
	Implant	1.6%	
Short-Term Methods	Injectable	10.0%	
	Pill	6.8%	*Population*
	Condom (Male)	36.8%	Married Women
	Condom (Female)	0.0%	
	LAM	0.8%	
	Standard Days method	0.0%	
	Other Modern Methods	0.0%	

Percentage of facilities stocked out, by method offered, on the day of assessment

Long-Acting and Permanent Methods	Sterilization (female)	n/a	*Source*
	Sterilization (male)	n/a	cLMIS
	IUD	35.3%	
	Implant	95.8%	
Short-Term Methods	Injectable	49.2%	
	Pill	64.1%	
	Condom (Male)	63.7%	*Year*
	Condom (Female)	n/a	2021
	Emergency Contraception	59.9%	
	Other modern methods	n/a	

	Value	Source	Year
Percentage of primary SDPs that have at least 3 modern methods of contraception available on day of assessment			
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Percentage of secondary/tertiary SDPs with at least 5 modern methods of contraception available on day of assessment			
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Contraceptive Discontinuation Rates and Method Switching (first 12 months)**

	IUD	Implant	Injectable	Pill	Condom (male)		Source
Discontinuation while in need	14.5%	---	28.8%	27.6%	11.8%		
Discontinuation while not in need	1.8%	---	12.6%	12.3%	19.1%		2017-18 DHS
Total discontinuation (all reasons)	22.9%	---	46.8%	47.2%	33.2%		
Switching to a different method	6.5%	---	5.4%	7.3%	2.1%		

Contraceptive Services and Decision-Making

	Value	Source	Population
Method Information Index**			
	16%	2017-18 DHS	Married Women
Percentage of women who received family planning information during a contact with a health service provider **			
	25%	2017 DHS	Married Women
Percent of current modern contraceptive users who last obtained their family planning method from each source (All Methods)			
Public	44%		
Private Medical	43%	2017-18 DHS	---
Other	13%		
Percentage of women who decided to use family planning alone or jointly with their husbands/partners			
	94%	2017-18 DHS	---

Investment in Family Planning

	Value	Source	Year
Annual expenditure on family planning from government domestic budget (USD $)			
	$ 130,971,130	FPSA	2020

Traditional Contraceptive Use

Source : Family Planning Estimation Tool (FPET)

Traditional Contraceptive Use met the reporting threshold (tCP among Married Women > 5% in 2022).

2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
All Women										
5.5%	5.6%	5.7%	5.7%	5.8%	5.9%	5.9%	5.9%	6.0%	6.1%	6.0%
Married Women										
8.4%	8.6%	8.7%	8.7%	8.8%	8.9%	8.9%	8.9%	8.9%	9.1%	9.1%
Unmarried Women										
0.2%	0.2%	0.2%	0.2%	0.2%	0.2%	0.2%	0.2%	0.2%	0.2%	0.2%

Notes

--- *indicates no data post 2012 was available*
* Total Users among Married Women and Unmarried Women will not sum exactly to the Total Users among All Women
** Additional diaggregation or details available in the full data set.