Lesotho

FP2030 Indicator Summary Sheet: 2022 Measurement Report

Modern Contraceptive Use and Need

Source : Family Planning Estimation Tool (FPET)

All Women

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
Total users of modern methods of contraception*											
	230,000	240,000	250,000	260,000	270,000	270,000	280,000	280,000	290,000	300,000	300,000
Modern contraceptive prevalence rate (mCP)											
	44.3%	46.0%	47.5%	48.2%	48.6%	49.0%	49.4%	49.8%	50.0%	50.4%	50.7%
Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)											
	14.3%	13.7%	13.2%	12.6%	12.1%	11.7%	11.3%	11.1%	10.9%	10.7%	10.6%
Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)											
	75.7%	77.1%	78.2%	79.2%	80.1%	80.8%	81.4%	81.8%	82.1%	82.4%	82.8%

Married Women

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
Total users of modern methods of contraception											
	160,000	170,000	180,000	180,000	190,000	190,000	200,000	200,000	210,000	220,000	220,000
Modern contraceptive prevalence rate (mCP)											
	56.3%	58.3%	59.8%	60.8%	61.7%	62.5%	63.2%	63.8%	64.3%	64.9%	65.3%
Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)											
	20.3%	19.4%	18.8%	18.1%	17.5%	17.0%	16.5%	16.1%	15.6%	15.2%	14.9%
Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)											
	73.5%	75.0%	76.1%	77.1%	77.9%	78.7%	79.4%	79.9%	80.4%	80.9%	81.4%

Unmarried Women

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
Total users of modern methods of contraception											
	71,000	74,000	77,000	78,000	78,000	77,000	78,000	79,000	80,000	81,000	82,000
Modern contraceptive prevalence rate (mCP)											
	29.8%	31.1%	32.1%	32.2%	31.9%	31.5%	31.1%	31.3%	31.4%	31.3%	31.3%
Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)											
	6.9%	6.6%	6.2%	5.7%	5.3%	4.9%	4.6%	4.7%	4.7%	4.7%	4.8%
Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)											
	81.2%	82.5%	83.8%	84.8%	85.7%	86.4%	87.1%	87.0%	86.8%	86.7%	86.6%

Impacts of Modern Contraceptive Use among All Women

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
Number of unintended pregnancies averted due to modern contraceptive use											
	87,000	91,000	95,000	97,000	99,000	100,000	100,000	100,000	100,000	110,000	110,000
Number of unsafe abortions averted due to modern contraceptive use											
	8,600	9,000	9,400	9,600	9,800	10,000	10,000	10,000	10,000	11,000	11,000
Number of maternal deaths averted due to modern contraceptive use											
	300	310	330	330	340	350	360	370	370	380	390

Couple Years of Protection (CYPs)

Calculated from routine service provision data

Source	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021
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Fertility Outcomes

	Value	Source
Adolescent birth rate *(per 1000 women 15-19)*		
	91	2018 MICS
Percent of births that are unintended		
	52%	2014 DHS

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
Estimated Number of Unintended Pregnancies											
	62,000	63,000	63,000	63,000	63,000	63,000	63,000	62,000	62,000	62,000	62,000

Contraceptive Use, Availability, and Discontinuation by Method

Modern Contraceptive Method Mix

Long-Acting and Permanent Methods	Sterilization (female)	2.6%	*Source*
	Sterilization (male)	0.5%	2018 MICS
	IUD	2.8%	
	Implant	8.3%	
Short-Term Methods	Injectable	38.6%	
	Pill	21.5%	*Population*
	Condom (Male)	24.4%	All Women
	Condom (Female)	0.9%	
	LAM	0.0%	
	Standard Days method	0.0%	
	Other Modern Methods	0.4%	

Percentage of facilities stocked out, by method offered, on the day of assessment

Long-Acting and Permanent Methods	Sterilization (female)	---	*Source*
	Sterilization (male)	---	---
	IUD	---	
	Implant	---	
Short-Term Methods	Injectable	---	
	Pill	---	*Year*
	Condom (Male)	---	---
	Condom (Female)	---	
	Emergency Contraception	---	
	Other modern methods	---	

	Value	Source	Year
Percentage of primary SDPs that have at least 3 modern methods of contraception available on day of assessment			
	88%	UNFPA SDP Survey	2021
Percentage of secondary/tertiary SDPs with at least 5 modern methods of contraception available on day of assessment			
	100%	UNFPA SDP Survey	2021

Contraceptive Discontinuation Rates and Method Switching (first 12 months)**

	IUD	Implant	Injectable	Pill	Condom (male)		Source
Discontinuation while in need	---	---	8.5%	11.5%	6.5%		2014 DHS
Discontinuation while not in need	---	---	3.1%	5.3%	5.5%		
Total discontinuation (all reasons)	---	---	20.7%	27.2%	20.2%		
Switching to a different method	---	---	8.6%	10.1%	7.4%		

Contraceptive Services and Decision-Making

	Value	Source	Population
Method Information Index**			
	27%	2014 DHS	All Women
Percentage of women who received family planning information during a contact with a health service provider **			
	23%	2014 DHS	All Women
Percent of current modern contraceptive users who last obtained their family planning method from each source (All Methods)			
Public	62%		
Private Medical	18%	2014 DHS	
Other	20%		---
Percentage of women who decided to use family planning alone or jointly with their husbands/partners			
	93%	2014 DHS	---

Investment in Family Planning

	Value	Source	Year
Annual expenditure on family planning from government domestic budget (USD $)			
	$ 1,707,490	FPSA	2020

Traditional Contraceptive Use

Source : Family Planning Estimation Tool (FPET)

Traditional Contraceptive Use did not meet the reporting threshold (tCP among Married Women >5% in 2022) and so is not reported for this country.

2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
All Women										
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Married Women										
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Unmarried Women										
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Notes

--- indicates no data post 2012 was available

* Total Users among Married Women and Unmarried Women will not sum exactly to the Total Users among All Women

** Additional diaggregation or details available in the full data set.

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